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**FOR IMMEDIATE RELEASE**

# 2022 All-Conference Gymnastics

The Mid-Columbia Conference congratulates the following gymnasts who were selected to all-conference teams based on their season performance.

## First Team Selections

Event	Name	School	Year
All Around	Kayla Appleby	Southridge	Senior
Vault	Kayla Appleby	Southridge	Senior
Uneven Bars	Kayla Appleby	Southridge	Senior
Balance Beam	Kayla Appleby	Southridge	Senior
Floor Exercise	Kayla Appleby	Southridge	Senior

## Second Team Selections

Event	Name	School	Year
All Around	Maia Canada	Kamiakin	Junior
Vault	Maia Canada	Kamiakin	Junior
Uneven Bars	Maia Canada	Kamiakin	Junior
Balance Beam	Maia Canada	Kamiakin	Junior
Floor Exercise	Maia Canada	Kamiakin	Junior

## Honorable Mention Selections

Event	Name	School	Year
All Around	Jessica Oldman	Kamiakin	Sophomore
Vault	Diana Kuwa	Southridge	Sophomore
Uneven Bars	Jessica Oldman	Kamiakin	Sophomore
Balance Beam	Jessica Oldman	Kamiakin	Sophomore
Floor Exercise	Diana Kuwa	Southridge	Sophomore

