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FOR IMMEDIATE RELEASE

2019 All-Conference Swim & Dive

First Team Selections

| Event | Name | Year | School |
|-----------------------|---|-----------|-------------|
| 200 Freestyle | Regan Geldmacher | Junior | Hanford |
| 200 Individual Medley | Chamelle Abringe | Sophomore | Hanford |
| 50 Freestyle | Chloe Smart | Senior | Richland |
| Diving | Rylee Garvey | Senior | Southridge |
| 100 Butterfly | Brynn McGinnis | Sophomore | Richland |
| 100 Freestyle | Kodi Younkin | Junior | Hanford |
| 500 Freestyle | Regan Geldmacher | Junior | Hanford |
| 100 Backstroke | Laurel Skorina | Junior | Walla Walla |
| 100 Breaststroke | Karma Johnson | Junior | Richland |
| 200 Medley Relay | Chloe Smart, Karma Johnson, Brynn McGinnis, Sydney Willford | | Richland |
| 200 Freestyle Relay | Madison Vincent, Macy Bagwell, Carrie Moore, Regan Geldmacher | | Hanford |
| 400 Freestyle Relay | Kodi Younkin, Macy Bagwell, Carrie Moore, Regan Geldmacher | | Hanford |

Second Team Selections

| Event | Name | Year | School |
|-----------------------|---|-----------|-------------|
| 200 Freestyle | Sydney Willford | Sophomore | Richland |
| 200 Individual Medley | Cameron Rutherford | Sophomore | Hanford |
| 50 Freestyle | Kodi Younkin | Junior | Hanford |
| Diving | Alissa Carreno | Junior | Kamiakin |
| 100 Butterfly | Carrie Moore | Junior | Hanford |
| 100 Freestyle | Laurel Skorina | Junior | Walla Walla |
| 500 Freestyle | Brynn McGinnis | Sophomore | Richland |
| 100 Backstroke | Cameron Rutherford | Sophomore | Hanford |
| 100 Breaststroke | Laney Harmsen | Freshman | Kennewick |
| 200 Medley Relay | Laurel Skorina, Hallee Yaw, Alana Miller, Rylee Hale | | Walla Walla |
| 200 Freestyle Relay | Chloe Smart, Sydney Willford, Brynn McGinnis, Karma Johnson | | Richland |
| 400 Freestyle Relay | Chloe Smart, Karma Johnson, Sydney Willford, Brynn McGinnis | | Richland |

Honorable Mention Selections

| Event | Name | Year | School |
|-----------------------|---|-----------|-------------|
| 200 Freestyle | Carrie Moore | Junior | Hanford |
| 200 Individual Medley | Laney Harmsen | Freshman | Kennewick |
| 50 Freestyle | Madison Vincent | Junior | Hanford |
| Diving | Sage Miller | Junior | Richland |
| 100 Butterfly | Chamelle Abringe | Sophomore | Hanford |
| 100 Freestyle | Felicity Badaeux | Sophomore | Kennewick |
| 500 Freestyle | Karma Johnson | Junior | Richland |
| 100 Backstroke | Alana Miller | Freshman | Walla Walla |
| 100 Breaststroke | Liesel Telquist | Freshman | Southridge |
| 200 Medley Relay | Cameron Rutherford, Kodi Younkin, Chamelle Abringe, Madison Vincent | | Hanford |
| 200 Freestyle Relay | Laurel Skorina, Alana Miller, Hallee Yaw, Rylee Hale | | Walla Walla |
| 400 Freestyle Relay | Laurel Skorina, Hallee Yaw, Alana Miller, Rylee Hale | | Walla Walla |



Swimmer of the Year

Regan Geldmacher
 Hanford | Junior

Diver of the Year

Rylee Garvey
 Southridge | Senior

Coaches of the Year

Trine Tippet
 Kennewick

Wes Bratton
 Richland

Conference Champion

Hanford Falcons