



MCC
MID-COLUMBIA
CONFERENCE

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2013 ALL-CONFERENCE CROSS COUNTRY TEAMS ANNOUNCED



GIRLS FIRST TEAM

Name	School	Year
Lindsey Bradley	Richland	Junior
Courtney Cox	Walla Walla	Junior
Kaylee Sanchez	Kamiakin	Sophomore
Emily Kump	Southridge	Junior
Sidney Bullock	Richland	Junior
Amy Pfaff	Hanford	Senior
Charlotte Kiehne	Hanford	Junior



BOYS FIRST TEAM

Name	School	Year
Garrett Kraal	Kamiakin	Senior
Michael Williams	Richland	Senior
Andrew Snyder	Kamiakin	Junior
Cameron Glade	Kamiakin	Junior
Keegan McCormick	Kamiakin	Senior
Daniel Sanchez	Kamiakin	Senior
Phillip Fishburn	Kamiakin	Soph



GIRLS SECOND TEAM

Name	School	Year
Hannah Hampson	Walla Walla	Senior
Catherine Feistner	Walla Walla	Senior
Emily Moon	Kamiakin	Junior
Samantha Bagley	Richland	Senior
Annie Samuelson	Southridge	Junior
Erika Leinweber	Walla Walla	Freshman
Lea Davidson	Walla Walla	Senior



BOYS SECOND TEAM

Name	School	Year
Juan Cortez	Walla Walla	Senior
Eli Shelby	Richland	Junior
Ben Brooks	Kamiakin	Junior
Jonah Sandoval	Richland	Soph
SethCook	Hanford	Senior
Cameron Johnston	Southridge	Soph
Isaac Mata	Walla Walla	Junior



GIRLS HONORABLE MENTION

Name	School	Year
Jenny Wall	Walla Walla	Senior
Jori Perrins	Kamiakin	Senior
Lindsey Lowe	Kamiakin	Sophomore
Allie Stites	Southridge	Sophomore
Haley Porter	Hanford	Senior
Jamie Callahan	Southridge	Junior
Rachel Schmidt	Hanford	Freshman



BOYS HONORABLE MENTION

Name	School	Year
Garrett Bates	Hanford	Junior
Ricardo Saenz	Pasco	Soph
Trevor Morrow	Richland	Junior
Brandon Crawford	Richland	Junior
David Thien	Chiawana	Junior
Michael Anderson	Walla Walla	Senior
Jacob Leinweber	Walla Walla	Senior

RUNNER OF THE YEAR

Lindsey Bradley, Richland

COACHES OF THE YEAR

Michael Locati, Walla Walla

Sean Suss, Kamiakin

RUNNERS OF THE YEAR

Garrett Kraal, Kamiakin

Michael Williams, Richland

COACH OF THE YEAR

Matt Rexus, Kamiakin